That which is claimed is:

- 1. A method of metallizing a silicone rubber substrate, the method comprising the steps of:
 - (i) depositing a primer layer of aluminum on a surface of a silicone rubber substrate, and
- (ii) depositing a layer of a ductile metal on the primer layer of aluminum, wherein the ductile metal is selected from gold, platinum, palladium, copper, silver, aluminum, and indium.
- 2. The method according to claim 1, wherein the silicone rubber substrate is prepared by curing a curable silicone composition selected from a hydrosilylation-curable silicone composition, a peroxide curable silicone composition, a condensation-curable silicone composition, an epoxy-curable silicone composition; an ultraviolet radiation-curable silicone composition, and a high-energy radiation-curable silicone composition.
- 3. The method according to claim 2, wherein the curable silicone composition further comprises an inorganic filler.
- 4. The method according to claims 1, 2, or 3, wherein the primer layer of aluminum has a thickness of from 1 to 200 nm.
- 5. The method according to claims 1, 2, 3, or 4, wherein the layer of a ductile metal has a thickness of from 20 to 500 nm.
- 6. The method according to claims 1, 2, 3, 4, or 5, wherein the ductile metal is gold or platinum.